



INFORMATION ON GHANA BEACH HOUSE

BEFORE YOU GO:

VISAS

Visas are required for all UK residents. They can be obtained from the Visa Section of the Ghana High Commission in London:

Ghana High Commission Visa Section 104 Highgate Hill London N6 5HE

Tel:+(44) (0)20 8342 7500/ 7501

A passport valid for six months beyond your arrival in Ghana is also required.

HEALTH AND SAFETY

- A certificate of yellow fever vaccination is required for entry into Ghana
- Cholera inoculation
- Typhoid inoculation
- Malaria pills

Medical recommendation can change fast however, so we suggest you contact your doctor for the latest advice.

WHILE YOU ARE THERE: DIRECTIONS

Directly after the barrier on the Cape Coast road turn left towards Kokrobitee.

Kokrobitee is the third village you pass through. In the village make a left following signs for the AMAL music school.

Pass the music school and Kokrobitee school and continue through the village of Langma.

Just outside Langma on the dirt road turn left following signs for Sandpiper Hotel and Frangipani Restaurant. We are the house just beyond , and next door to the hotel.

WATER AND ELECTRICITY

All water needs to come in by tanker so please be economical with it. We will make sure the water tank is full on arrival and ask you to pay for any further water you may require. Oscar will order it for you, (about £30 per tanker).

Electricity is connected to the mains. In emergency we have a generator for use in the case of mains power failure. Please note this will only run one or two air conditioning units but not the whole house as it is only an emergency back up. The generator runs on diesel. We will insure that there is one full tank of diesel on your arrival, which should be sufficient for occasional power cuts. If you find you need to use the generator for longer periods and you need to replenish the diesel we ask you to pay for this (about £50 per barrel). Again Oscar will organise this.

POWER SOCKETS

Sockets are the same as UK

WHERE TO GO

We have some guidebooks at the house. Elmina castle at Cape coast and the Kakum national park are very interesting (about 2/3 hours drive so leave early). Look at the link on our web site ghanabeachhouse.com.

For eating there is a restaurant next door but normally only open at weekends. In town the hotels are good and still very reasonable by UK standards. Golden Tulip and Shangri-La near the airport. If you hire a cook it will make life much easier for shopping and cooking. If you want the cook we use we pay £50 plus food.

DRINKING WATER

We only drink bottled water, but if stuck boil it very well first. We will have some bottled water in stock for you.

CASH

Cash in sterling is very easy to convert in forex bureaus. If you run out you can use credit cards at main banks in town, ie Barclays in Osu, and hotels. We have never tried cash machines but they probably work. Easiest is to give cash to Oscar on site who will change and bring you Receipt.

FRUIT AND VEGTABLES

Fruit and veg, is safe to eat, but would wash first. Only buy meat from decent supermarkets, ie Kuola in Osu. Would not advise eating food from the street. We always take a suitcase of immediate foodstuffs, coffee, tea and food for first day or two to save problems

ALCHOHOL

Alcohol is available, Ghanians drink more beer per head than any other

country except Germany. Wine from supermarkets or Mobil petrol stations but not much choice.

WHAT TO WEAR

It never gets cold. Very light clothing, shorts T shirts plus jumper for the plane only.

MOSQUITOES

The bedrooms will be sprayed for mosquitoes every evening. It is important to keep doors closed after 6.00 and use the air conditioning. The compound is also sprayed regularly and being near the sea I think nobody was bitten last time we were there. But do take your tablets.

TRANSPORT

We would recommend you hire a car about \$50US per day at least for first few days and to return. You will be a bit stranded without a car and need it to send people to buy food , drinks etc. They would pick you up from the airport. The company we use is called Horizon. Speak to Sam on 00233 21 774570 (or 774322).

Horizon West Ghana Ltd. Car Rental

P. O. Box 12458, Accra North, Ghana

Telephone: +233 21 774963 Cellphone: +233 24 31 5188

Fax: 233 24 772894 E-mail: horizon@africaonline.com.gh

STAFF

We have three people at the house. Oscar is the manager and lives in the gate house. William looks after the garden and is the night watchman and sleeps on site. Lucky is the cleaner and comes in every day from the village. There is a safe with only one key which Oscar has. Ask him for it to keep passports, cash etc. Oscars telephone number is 024 6606 57.

TIPS

Tips are very welcome in UK pounds, (OR DOLLARS) and £5 to £10 each when you leave would be most appreciated.

HORSES

We can organise the hire of two horses from friends we have, for about £100 per week. This includes for a full time groom who can help with children, beginners etc.

HOSPITALS

Hospitals have new needles etc, but take general things, aspirin, and plasters Etc. Any problems ask your driver to take you to Snit hospital in Osu. (we went last trip when our son's friend cut his foot).

Andy and Aurore Down